

Danielle Heyhoe



2002

Danielle Heyhoe decided that her goal after high school was to follow what she was interested in, which was health, food and nutrition. Her first serious food role was as the Catering Manager for Farro Fresh. She then went on to live in Paris for a year where she learnt to cook from French and Japanese chefs.

On returning to New Zealand, she became the communications manager and cook for Wilder and Hunt Cafe. She then decided to study nutrition which led her to establish a private practice in nutritional health coaching. Danielle loves to see how quality nutrition can help clients with weight loss, reduced pain, and to have healthy pregnancies.

"Choose a vocation that you are interested in and enjoy doing first and foremost before deciding how you are going to earn money."